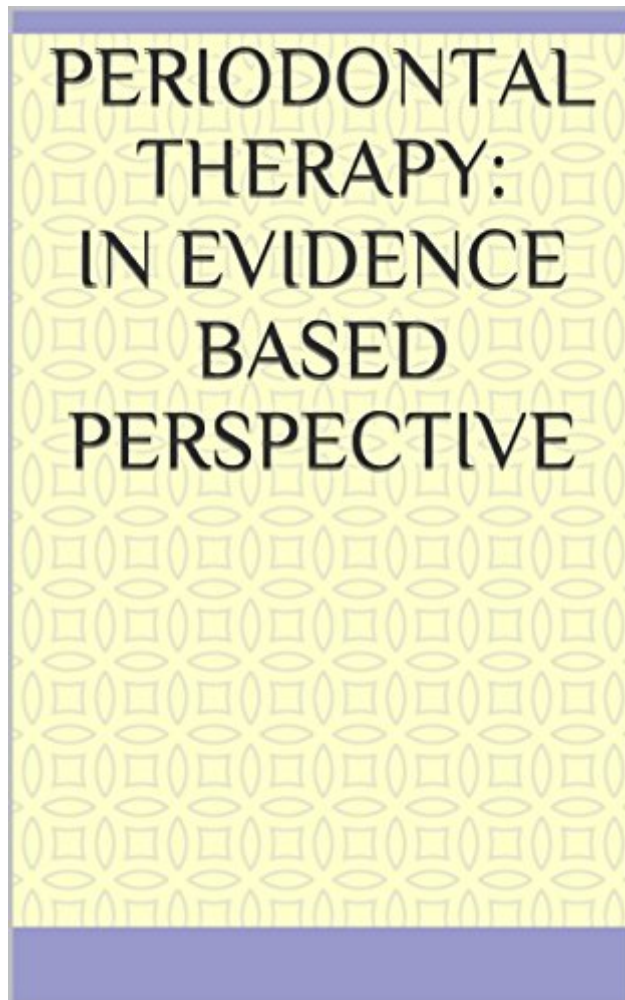




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# **Periodontal Therapy: In Evidence Based Perspective**



## Synopsis

In recent years dentists and health care professionals are constantly flooded with information about new techniques, tests, procedures, materials and products. And their desire to keep up-to-date is often tinged with the dilemma as to whether something new is better than their current clinical strategy. To further complicate matters, the world in which we learn and practice dentistry is changing at an amazing rate. The nature of the relationship between the patient and the clinician is changing. Patients are becoming partners in the decision-making process. With regard to dentistry, these are indeed the best of times. Today's dentists have available materials and techniques that visionaries could only dream of 25 years ago. In the early years of dentistry, virtually all clinical decisions were based on whim, or at best, on case reports. However, today scientific investigation has begun to underpin these clinical decisions. While most of times the treatment dentists provide for patients appear to be successful, there are times when dentists are uncertain about what should have been done. How to solve such uncertainty is becoming increasingly bothersome, as the information dentists are exposed to regarding patient care, dental materials and techniques seem to be overwhelming. Therefore it has become critically important especially with regards to patients safety (and from medico-legal point of view) for the dentists to base their decision on definite scientific data and evidences rather than personal experience. Simultaneous with these changes Periodontology has made tremendous progress in recent decades. Recently introduced treatment strategies and clinical techniques, based upon improved understanding of disease pathogenesis and nature of periodontal tissues, have facilitated improved outcomes. Today, regenerative periodontal therapy and periodontal plastic surgery are becoming integral parts of clinical practice. Furthermore with recent accumulation of evidence in connection with periodontitis and systemic health, the diagnosis of periodontal disease and its appropriate treatment cannot be undervalued. As noted in Carranza's Clinical Periodontology, periodontal care of the public is primarily the role of general dentists and dental hygienists and their responsibility to examine, diagnose, and either treat or refer all periodontal problems is unquestionable. Thus provision of optimum periodontal care is duty and responsibility of all dental health care professionals. Many a times what will constitute the optimum periodontal care becomes a dilemma especially if other aspect such as restorative care, prosthesis, implants are involved. Therefore in this era of evidence based health care periodontal care must also be delivered in concurrence with the latest available evidence. This book although first drafted as library dissertation for post graduate program, has been modified to cater for students both graduate and post graduates well as general dentist and dentist from other specialities. Its an humble attempt to help readers develop an evidence based perspective towards

the routine aspects of periodontal therapy. It is my humble belief that this book will serve general dentist to improve the quality of periodontal care for their patients. Disclaimer: The information provided in this book has been gathered, obtained and used freely from various sources and each source has been cited in the reference section. Please bring to our notice if certain information is not adequately cited or for any other objection over the content of this book.

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